

REGION III FCCLA

August 2009

GREETINGS FROM YOUR PRESIDENT

Hi! My name is Jill Barry and I am a senior at South Shelby High School. I am excited for the upcoming year and hope every member becomes involved with this year's activities! Region III is off to a great start and we will be doing our best to keep the region informed about all region, state, and national events.



There was a Region III Officers Retreat held at Camp Jo-Ota at the beginning of August.

Officers completed the Team Building Course and learned how to become an effective team. This was a productive day as Region III officers were quizzed on their FCCLA knowledge, brainstormed how to increase membership, and finished tuning Regional Meeting.

The regional officers met in May and worked hard to plan this year's regional activities. "Be a Hero with FCCLA" was chosen as the theme for regional meeting. We want to encourage chapter members to be active and informed about FCCLA, so they can reach out to others and be heroes in their everyday lives.

If anyone has any questions or concerns, please contact my advisor, Mrs. Dee Kirby, or myself at South Shelby High School. I know this is going to be an awesome year and I hope to see you soon!

REGIONAL DUES AND AFFILIATION

Regional dues are \$1.25 per member. Dues must be paid in order for members to be eligible to participate in regional, state, and national activities. Members must have paid regional, state, and national dues by **December 20** to participate in STAR Events, Officer Elections, and other FCCLA activities. Affiliation at the regional level will be sent to Missouri FCCLA with your state and national

affiliation. This convenience allows a chapter to write only one check for the affiliation. The state office will then send Region III a list of those who affiliated and the dues to the regional treasurer, Mickayla Irwin.

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CONGRATS!

Congratulations to our very own Caroline Kirby who is now serving on the National Executive Council! Caroline was elected Vice President of STAR Events for the 2009-2010 year. If you see Caroline, be sure to tell her Congratulations!

REGIONAL SERVICE PROJECT

The Region III executive council has chosen to help families within the region by contributing to the Central Missouri Food Bank (CMFB) as its service project. The Central Missouri Food Bank serves all counties in our region. Food banks are the wholesalers in the fight against hunger.

Each chapter is encouraged to host a food drive and bring the items to regional meeting for the Central Missouri Food Bank to pick up and deliver to counties within our region.

By doing this project, we are providing free food to hungry families within our region. More than 100,000 people who live in central and northeast Missouri live at or below the poverty level are eligible for the food that is distributed to them.



The CMFB has suggested donating and bringing the following food-non/food items:

- Canned Fruit/Vegetables
- Canned Meats (tuna, chicken, beef)
- Canned Soup
- Boxed Meals (Hamburger Helper)
- Pasta, Rice
- Hot & Cold Cereal
- Peanut Butter & Jelly
- Toilet Paper, Paper Towels
 - Deodorant, Soap, Toothpaste

John Wampler, CMFB Food Drive Coordinator will be present at the Regional Meeting to collect the items and thank our region for its participation in making a difference in the lives of others.

REGIONAL MEETING REGISTRATION

Regional Meeting Registration Fees are \$5.00 per person that is attending. These fees help to cover the meeting expenses.

The Registration Form for Regional Meeting can be found online at http://schoolweb.missouri.edu/fccla_region3/. You may bring it with you to the meeting on October 20.

Cash payment is greatly discouraged, as it is difficult to handle at registration.

Be sure to complete and send in the Registration Form to Mickayla Irwin or bring it to the Regional Meeting.

NO CASH PLEASE!!!

“BE A HERO WITH FCCLA”

The Region III Annual Meeting will be held October 20, 2009 at the Central Christian College of the Bible, in Moberly, Missouri.

Registration is scheduled to begin at 9:00 and the meeting will begin at 9:30.

The keynote speaker will be presented by Rachel's Challenge. Rachel Scott was the first person killed at Columbine High School on April 20, 1999. Her acts of kindness and compassion coupled with the contents of her six diaries have become the foundation for one of the most life-changing school programs in



Caption describing picture or graphic.

America.

Powerful video/audio footage of Rachel's life and the Columbine tragedy holds students spellbound during a one hour school presentation that motivates them to positive change in the way they treat others. The assembly creates the "want to" or desire for positive change, so we can become superheroes in our lives.

To learn more about Rachel's Challenge you can visit: <http://www.rachelschallenge.org/>

REGIONAL MEETING CONTESTS

Contests will consist of:

- Banner
- Nametag
- Scrapbook

Chapters are challenged to put their creativity to use and create banners and nametags for the contests. It is best if the contests reflect this years theme. Contest guidelines are on the regional website.

A sample nametag to be judged for the contest will be turned in at registration.

Banners will be carried across the stage during the Parade of Presidents by the chapter president (and if needed one other person). The judging will take place then.

Scrapbooks will also be turned in at registration.

NOTE: Regional Scrapbooks from previous years are accumulating, and they will be disposed of after Regional Meeting. So if your chapter wants their scrapbook, you may pick it up at registration.

Check out the guidelines which can be found on the regional



Contest Winners will be awarded a certificate and candy for their chapter!

REGIONAL MEETING AWARDS

Nominations for

- Outstanding Member
- Distinguished Service
- Honorary Member
- Retired Teachers

Need to be postmarked by **October 5** to Jill Barry.

Advisors, please be sure to inform your members of these awards and encourage them to make nominations.

It is a chapter's responsibility to ensure that the recipient

attends the meeting to receive his/her award.

The forms for nominating candidates are on the regional web site, http://schoolweb.missouri.edu/fccla_region3/. Be sure to complete and submit your chapter's nominations which need to be postmarked by October 5.

Jill Barry

South Shelby High School

4154 Hwy 36

Shelbina, MO 63468

School Phone: 573-5884163

PARADE OF PRESIDENTS —REGIONAL MEETING

Chapter presidents can pick up instructions at registration which will tell them what to do for the Parade of Presidents.

Remember that the chapter president (or representative) and **one** other member may carry the chapter banner across the stage.

All chapter presidents will appear on stage to tell the assembly the following information:

I am _____, the chapter president of _____.
We have brought ___members, ___advisors, and ___guests to this meeting.



Be a Hero With FCCLA!

DRESS CODE/BEHAVIOR

Please remind all students to dress appropriately. Denim, short skirts, and low-cut shirts are strongly discouraged. Also, this year the Regional officers have decided that it will be appropriate to wear your chapter FCCLA shirt. But still, **NO DENIM!**

We want to present a positive image of our organization in the community, so students must be on their best behavior; act in a courteous, attentive, respectful, and professional behavior.

Please remind your students that cell phones should be turned off and not used during regional events. Even texting and playing games are distracting to those around you.



Refer to the state website for appropriate dress for all FCCLA activities—regional or state. <http://dese.mo.gov/divcareered/fccla.htm>

REGIONAL OFFICER ELECTIONS

- **Location:** Macon United Methodist Church
- **Date:** Thursday, January 21, 2010
January 28, Alternate
- **Time:** Registration—8:30 A.M.
Election Process—9:00 A.M.
- **Speech Topic:** Choose one of the following: mission, tagline, motto, color, flower, creed, or one of the eight purposes and describe how it relates to FCCLA and/or you.
- **Officer Application Deadline:** Postmarked to Jill Barry by January 11, 2010
- If the weather is bad, listen to KRES Radio Station or call Dee Kirby, Regional Advisor (Before 7:00 A.M. at 573-588-7888 or after 7:30 A.M. at South Shelby High School at 573-588-4163)

Being a regional, state, or national officer is an honor and an opportunity to sharpen employability/communication skills.

ELECTION REMINDERS

Advisors, please make sure that your voting delegates are aware of their responsibility. The voting delegates are selecting the leaders of the organization and Region III wants to maintain the integrity of the election process—it is not only an opportunity for candidates to grow, but for voting delegates also.

Forms for officer candidates can be found on the state website.

Check the regional bylaws (Article IV—qualifications and Article V—election rules) and the state policies for election details.

- Each chapter may submit three (3) candidates.
- Application Forms must be typed single-spaced. Use **only** the front and back of the forms.

Do not attach additional information which would cause disqualification.

- A copy of the application form **and** a copy of the chapter affiliation form must be postmarked by January 11 to Jill Barry.

ELECTION REMINDERS (CONTINUED)

- Each candidate is responsible for bringing 30 copies of his/her application form to the elections for the voting delegates.
- No campaigning or props will be allowed.
- Cell phones will not be allowed in **any** room.
- During the interview process, each candidate must take an FCCLA knowledge test. After scoring, a candidate may review his/her test.
- All candidates must give a speech that cannot exceed two minutes in length.
- Note cards may be used.
- Each candidate will be asked a fact and a situational question.

Please remember to review the bylaws before elections. Refer to the regional and state website for further information.

Voting delegates should be familiar with their duties BEFORE arriving at Officer Interviews. A sample ballot may be found on the regional website.



REGION III SCHOLARSHIPS

Region III FCCLA will once again be giving two scholarships—\$200.00 each. The applicant must be planning to attend a two- or four-year degree program. One will be awarded to general membership and the other to a current/past regional officer. The Region III scholarship guidelines may be found in the regional bylaws (pages 15 and 16).

All completed applications must be postmarked by January 21, 2010 to:

Aaron Dittmer
Region III FCCLA Second Vice President
ATTENTION: Beverly A. Plymell
Keytesville R-II School
27247 Hwy 5
Keytesville, Mo 65261-2401

Applicants will be notified of their status after applications have been reviewed. The recipients should make plans to attend the Region III Installation/Recognition Ceremony in the Spring.

Region III FCCLA Seniors, make plans now to apply for one of these scholarships. As soon as the regional website is up and running for the new year, download the form and begin working. Don't put it off until the last minute!

INSTALLATION/RECOGNITION

- **Location:** Macon High School Cafeteria
 - **Date:** March 15
 - **Time:** 6:00
 - Recognize STAR Events participants and those advancing to state.
 - Install 2010-2011 officers
- Cake and punch will be served.
- RE:
- Recognize individuals who have completed all five Power of One projects this year.



POWER OF ONE RECOGNITION

Encourage each of your chapter members to complete all five Power of One units and apply for recognition at the Regional, State, and National level.

Power of One is a program that can help students achieve his/her goals in an efficient and fun way. Each unit is designed to help improve one area of a student's life from his/her career goals to taking the lead in his/her family, career, or community. If you have any questions about Power of One projects, recognition, ways to get the program active in your chapter, or related information please contact Region III First Vice President, Amanda Medlin.

Any member wishing to be recognized for completing all five Power of One units should mail a copy of the Power of



One Five Unit Recognition to Amanda. **The deadlines for state and regional recognition are different.**

The postmarked deadline for recognition at the regional level will be announced at Regional Meeting. If you do not send your information to the regional level by the regional deadline, you are still eligible for state and na-

tional recognition. The postmarked deadline for recognition at the state level is March 1, 2010. To the state advisor Christine Hollingsworth. A copy of the application is available from the following DESE website: http://dese.mo.gov/divcareered/fc_forms.htm_-Recognition

STAR EVENTS TO BE HELD AT KEYTESVILLE

Location: Keytesville

Date: February 11

February 18, Alternate

Time: Registration from 9–9:30

Entry Form Deadline:

Postmarked by December 11 to:

Amanda Medlin

Region III FCCLA 1st VP

Keytesville R-III School

27247 HWY 5

Keytesville, MO 65261–2401

Attention: Beverly Plymell

Phone: 660.288.3767

Fax: 660.288.3110

Please be sure to stay updated on the new STAR Events or new changes/corrections made to old.



NATIONAL SERVICE PROJECT

Region III FCCLA, are you up for a challenge?? Missouri is challenging each of its thirteen regions to raise \$500 for the Children's Miracle Network, the National FCCLA Service Project.

Children's Miracle Network is a non-profit organization that raises funds for more than 170 children's hospitals. Countless individuals, organizations and media partners unite with Children's

Miracle Network hospitals to help sick and injured kids in local communities. Donations to Children's Miracle Network create miracles by funding medi-



cal care, research and education that saves and improves the lives of 17 million children each year.

Region III FCCLA, be a hero today! Work with your school or community to help raise money for such an outstanding cause. Every little bit counts!

REGION III FCCLA

Jill Barry
FCCLA Region III President
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4154 Hwy 36
Shelbina, MO 63438

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Fax: 573.588.2490
Email: dkirby@cardinals.k12.mo.us

THE ULTIMATE LEADERSHIP EXPERIENCE!



FCCLA Mission Statement

To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.



ADVISORS

Check out the Missouri FCCLA website for updated bylaws revisions.