

**Southern Boone County R-1
Middle School**

**Extracurricular Activities
Handbook
2011-2012**



Table of Contents

Philosophy of Extracurricular Activities	3
Conference Affiliation	3
Interscholastic Sports	3
Extracurricular/Co-curricular Activities	4
Extracurricular/Co-curricular Program Objectives	4
Participation Guidelines	4
Eligibility Requirements.....	6
Sportsmanship	8
Equipment	9
Sunday Practices	9
School Dismissed For Inclement Weather and Practice	9
Participant Conduct Code	9
Due Process	12
Misconduct While at School	13
Unsportsmanlike Conduct	13
Academic Dishonesty	13
Description of Middle School Athletics and Activities.....	13
Documentation Form	17

Middle School Telephone Number 657-2146

DISTRICT MISSION STATEMENT

“Excellence in Learning for All.”

PHILOSOPHY OF EXTRACURRICULAR ACTIVITIES AT SOUTHERN BOONE COUNTY R-I MIDDLE SCHOOL

Southern Boone County R-I Middle School students are provided with numerous opportunities to participate in a wide range of student activities. These activities are considered to be an important aspect of the student's educational experience. It is not the winning-losing aspect of the participation that is totally emphasized – but participation, where each student has the opportunity to achieve a sense of individual, group, and school responsibility. This type of participation provides students with desirable learning opportunities.

The Southern Boone County R-I Middle School student activities should be considered an integral part of the total education program, which provides opportunities to help each student develop physically, mentally, socially and emotionally.

All information enclosed refers to both interscholastic and co-curricular activities.

CONFERENCE AFFILIATION

Southern Boone County Middle School is a member of the Mid-Missouri Conference and as a member is committed to adhere to the rules and regulations of the conference. Presently there are five member schools. They are as follows:

School

Hallsville R-IV

Harrisburg R-VIII

North Callaway R-I

Southern Boone County R-I

South Callaway County R-II

INTERSCHOLASTIC SPORTS OFFERED AT SOUTHERN BOONE COUNTY R-I MIDDLE SCHOOL

Softball (Girls 7th and 8th)

Football (Boys 7th and 8th)

Basketball (Girls 7th and 8th)

Basketball (Boys 7th and 8th)

Track (Girls 7th and 8th)

Track (Boys 7th and 8th)

Quiz Bowl

Cheerleading

Cross Country (Girls and Boys, 7th and 8th)

CO-CURRICULAR ACTIVITIES OFFERED AT SOUTHERN BOONE COUNTY R-I MIDDLE SCHOOL

Student Council

Pep Club (6th, 7th, and 8th grades)

Project Wisdom (Announcement Speakers)

Select Choir (6th, 7th, and 8th grades)

Drama Club (6th, 7th, and 8th grades)

Agricultural Science Club (6th, 7th, and 8th grades)

Team Managers

Band

CO-CURRICULAR/EXTRACURRICULAR PROGRAM OBJECTIVES

1. Participation – Provide a variety of opportunities that encourage and allow interested students to participate in valuable activities.
2. Skills and Rules – Provide emphasis in development of fundamental skills and knowledge of each sport or knowledge of the activity.
3. Citizenship and Sportsmanship – Cause students to achieve success fairly by demonstrating and teaching:
 - a) Respect for the rules of each sport or activity;
 - b) Desirable traits of citizenship and sportsmanship;
 - c) Rules of society.
4. School Spirit – Provide activities with which all students can identify.
5. Competition – Build teams that are competitive throughout the program.
6. Student Confidence – Provide a program which develops students' sense of appreciation and enjoyment of extracurricular activity, while building individual self confidence and group rapport.

PARTICIPATION GUIDELINES

These guidelines must be followed in all school-sponsored activities, as well as athletics. A complete listing of middle school activities is included in the back of this handbook.

- Students are free to make their own selections as to sports or activities in which they wish to participate.
- Participation in more than one sport within a sport season **will not** be allowed. A student will be allowed to participate in more than one (1) co-curricular activity at a time. School sports and extracurricular activities will take precedence over outside community sports and activities. **The student may practice or compete as a member of a non-school team or as an individual participant in organized non-school competition in a different sport than the school sport in season under the following conditions:**
 1. **No school time is missed to compete, practice for, or travel to the site of such non-school competition unless the absence is approved in advance by the administration.**

2. **The student shall not practice for or compete in the non-school competition on the same date he/she practices or competes for the school team without approval of the school administrator.**

- Students are required to use school transportation to all out-of-town activities unless they have permission from the sponsor and the **parent/guardian** has made **prior written arrangements with the building principal**. This written permission must be in advance of the release and will be provided to the sponsor/coach of the activity or contest. The coach/sponsor will maintain such permissions on file. Returning from out-of-town activities, students must use school transportation unless the parent/guardian provides the coach/sponsor with a written note or signs the district's "parent release form." An advance written note from the parents may be given to the sponsor to grant permission for the student to ride home with another adult.
- **Attendance at practice, meetings and meets or games is required.** No one is excused without prior permission of the coach/sponsor or unless an acceptable emergency occurs.
- A student must attend all periods of the day in order to participate in activities. This rule also applies to the Friday before a Saturday or Sunday activity. Exceptions to this guideline can only be made by the principal with documentation of excused absence.
- **Suspended students are not eligible for participation or attendance at any extracurricular activity or event.**
- Any disrespect for the administration, teachers, coaches, sponsors, or officials will not be tolerated at any time.
- Any student whose actions are detrimental to the proper framework of the intent of the activity will be dealt with on an individual basis.
- Participants must adhere to guidelines set up by the school and the coach/sponsor.
- Students attending Southern Boone County R-I Middle School must maintain an overall average of grade C for interscholastic eligibility, which is 2.0 on a 4-point scale. **Failure to perform at this level as evidenced by grades reported at the end of any quarter will result in a one (1) quarter ineligible period.** During this ineligible period the student may only attend practice at the discretion of the instructor or coach but is not allowed to participate in events, meets, contests, or games during that same period of ineligibility. No athlete who is on academic suspension will be dismissed early from school to travel to away contests.
- **Student-Athlete Intervention Program**
Prospective student athletes who leading up to the mid-term are currently ineligible are allowed the opportunity to gain eligibility if at the time of the mid-term check they have a 2.0 on a 4.0 scale.
- This program would look only at the students who were determined ineligible at the start of a sports season and not the entire list of rosters.
- Each coach or sponsor may choose the players to attend meets, events, or games to represent our school. This selection should be based on the students who best represent the highest standards of sportsmanship, academics, and citizenship. This selection may be on an activity-to-activity basis with team rosters changing

for each event. During their eligibility period students who fail to keep their grades at a level of expectation for a student athlete may be rotated from regular representation and game/event participation. They will continue to be part of the team during this period. They will rotate back to the participation roster at the discretion of the coach or sponsor after grade checks demonstrate improved academic performance to meet the school's expectation of a student athlete.

ELIGIBILITY REQUIREMENTS

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditible citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

- a. Law Enforcement: A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Minor moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, accidents or injuries. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.
- b. Local School:
 1. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
 2. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
 3. A student shall not be considered eligible while serving an out-of-school suspension.
 4. A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.
 5. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.
 6. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
 7. Each school shall diligently and completely investigate any issue that could affect student eligibility.

- c. Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

Academic Requirements:

Grades 7-8 – A student in grades 7-8 must meet the following requirements in order to be academically eligible to participate in interscholastic activities:

1. **Semester Prior to Participation**: The student shall have earned, the preceding semester of attendance, a minimum of 3.0 units of credit or have earned credit in 80% of the maximum allowable classes in which a student can be enrolled in the semester, whichever is greater, or a student must have made standard progress for his or her level the preceding semester in a special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolled pupils of equivalent age.
2. **Semester of Participation**: The student shall currently be enrolled in and regularly attending courses that offer 3.0 units of credit or 80% of the maximum allowable credits which may be earned, whichever is greater; or a student must be enrolled in a full course at his or her level in a special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolls pupils of equivalent age.

A beginning 8th grade student shall have been promoted from the 7th grade to the 8th grade for first semester eligibility provided they obtained a "C" average at the conclusion of the 4th quarter of their 7th grade year.

A student must be making satisfactory progress towards graduation as determined by local school policies.

Students attending Southern Boone County R-1 Middle School must maintain an overall average of grade C which is five (5) on an 11-point scale. Failure to perform at this level as evidenced by grades reported at the end of any quarter will result in a one (1) quarter ineligible period. During this ineligible period the student may attend practice at the discretion of the instructor or coach.

Amateur and Award Requirements: A student who represents a school in an interscholastic sport shall be an amateur in that sport. A student may accept an award for participation in an athletic contest, for athletic honors or recognition of athletic achievements in the interscholastic program. Awards presented to students shall meet the following criteria:

- A. A student may receive the following symbolic awards: unattached school letters or emblems, medals, ribbons, trophies, certificates, etc.
- B. A student shall not have accepted or competed for the following types of awards: services, cash or gift certificates.
- C. A student may receive a merchandise award that shall not exceed \$25.00 in manufacturer's retail price.

Any questions pertaining to eligibility that are not answered above should be brought to the attention of your principal or athletic director.

Physical Examinations and Insurance Requirements: The MSHSAA handbook states that the school shall require of each student participating in athletics a physician's certificate stating that he or she is physically able to participate in athletic contests of his or her school. The medical certificate is valid for the purpose of this rule if issued on or after February 1 of the previous year.

A student shall not be permitted to practice or compete for a school until he or she has verification that he or she has basic athletic insurance coverage.

SPORTSMANSHIP

Sportsmanship is a test of school sports. Those of us who believe that school sports serve an educational purpose in the lives of teenage boys and girls have a constant challenge. The challenge is sportsmanship – good sportsmanship or bad sportsmanship- for interscholastic athletics will live or die, respectively, by sportsmanship that is good or bad.

Four “characters” are involved in the challenge of sportsmanship – administrator, coach, player, and spectator. The listing is alphabetical but only by coincidence. The listing, primarily, is in order of responsibility.

The **administrator** holds the key to the issue of sportsmanship. If the administrator appreciates the importance of it by insisting that sportsmanship be good at any cost, then the school cannot go wrong. If this individual realizes the value of sportsmanship but fails to implement its good practice, then the school cannot help but run into problems. The **coach** is the “standard-bearer” of sportsmanship. The coach's role is a crucial one, holding the awesome double power of either making the contest a real showcase for education or turning it into a meaningless exercise in winning or losing. The coach can hold player and spectator in the palm of his/her hand through self-control and dignity, or the coach can incite either or both to act contrary to the aims and objectives of activity. The **player**, to a great extent, mirrors the coach in projecting sportsmanship. Many, of course, do not need the coach's reflection; they know that “how to play the game” is the most important thing. And, obviously, the student is neither a puppet nor a mature individual, and is, therefore, susceptible to inconsistent sportsmanship. But the coach – the good coach – knows how to handle, even in front of spectators, these situations. And what about the **spectator**? Most of them know what school athletics is all about. But the

irritating minority apparently always will be with us. The “good guys” in the audience, hopefully, will minimize the influence of the “bad guys.” But if this is not so, then all the more reason for the players to present themselves well, for the coach to be above reproach at all times, and for the administrator to prepare and enforce procedures to keep fans in line.

As long as there exists within all of us that human characteristic to win, we will have to be concerned in the area of sportsmanship. The desire to win is not bad by any means; on the contrary, it is good. It is the proper attitude for approaching any endeavor. To do otherwise would be to vote for failure instead of success. But while the desire to win must not be stifled, the quest to win must be honorable, and in athletics the quest must be with the vivid realization that somebody is not going to win. In school sports, winning cannot be the “only thing;” the role of the loser is equally as educational, and therefore, equally as important as the role of the winner.

Remember –school sports will live or die, not by contests won or lost, but by sportsmanship, good or bad. Be a good sport.

EQUIPMENT

In order to give the student a sense of responsibility and an appreciation of their equipment, each student will be held responsible for the abuse or loss of any equipment. This includes uniforms. **The student who checked out the equipment must pay for any equipment lost or stolen.**

The following guidelines, if followed, will reduce the chances for lost or stolen equipment or uniforms:

- Do not exchange or loan to another teammate any equipment checked out to you. Only do so after checking with your coach/sponsor.
- Keep your locker closed and locked at all times when not in visual contact.
- Any loss of equipment should be reported immediately to the coach/sponsor.
- Any equipment that is defective should be reported immediately to the coach/sponsor.

If you see any equipment or uniforms out of school that do not belong to you, tell a coach or the school administration.

SUNDAY PRACTICES

A team wishing to practice on Sunday must have the practice approved in advance by the building principal.

SCHOOL DISMISSED FOR INCLEMENT WEATHER AND PRACTICE

When school is dismissed as the result of inclement weather, discretion should be used in scheduling any type of practice. Building administrator will be contacted before scheduling a practice on such a day.

PARTICIPANT CONDUCT CODE

Consequences will be imposed for violations of the extra curricular handbook during the course of the school year for those activities that are not on a MSHSAA roster. The school year is defined for all non MSHSAA roster activities as beginning with the first calendar day of the school year concluding with the final calendar day of the school year. All infractions that occur during this time frame will be addressed for non MSHSAA roster activities.

Those students that participate in an activity in which they are on a MSHSAA roster will be subject to extra-curricular discipline for any violations that occur during the course of a 365 day calendar year. This is a result of MSHSAA's definition of citizenship. In accordance with MSHSAA and Board of Education policy JG, students/parents are required to inform administration of any illegal activities that take place off campus that result in the student being charged, convicted, or plead guilty in a court of general jurisdiction for commission of a felony/misdemeanor.

Beginning with the 2002-2003 school year, all offenses will accumulate from year to year beginning with a 7th grade year and concluding with a student's 8th grade. Beginning with the 2006-07 school year, offenses that occur involving tobacco, alcohol, drugs, and stealing and other illegal behavior will be added together to determine the consequence that will be issued. As an example, a 7th grade student gets caught smoking; that student will be suspended from game participation or activity involvement for 20% of the total number of games or activities. If, during the 8th grade year, the same student is caught with alcohol, the consequence will be for a second offense, which would be suspension from game participation or activity involvement for 50% of the total number of games or activities. If, during the 8th grade year, the student commits another offense, such as stealing, the corresponding consequence for a third offense will be issued. This would be elimination from all MSHSAA recognized activities and removal from all clubs and organizations.

Attending and participating at an event that is related to a grade (band, music, choir, theater, etc.) will be permitted based on administration discretion. Only interscholastic and extra-curricular events will be under the direction of the extracurricular activities handbook.

Beginning with the 2002-2003 school year, all infractions will accumulate from year to year, beginning with the 7th grade concluding with 8th grade. Beginning with the 2006-2007 school year, offenses that involve illegal behavior (such as stealing or alcohol, tobacco, or drug use) will be aggregated to determine the level of consequence.

While serving a suspension for violation of drugs or alcohol (B and C of Participant Conduct Code as described below), a student may attend events but may not participate in game activities. Students are required to attend practice but

participation in practice will only be allowed after documentation of a medical release and meeting with administrator.

Students serving ISS will be allowed to practice but may not participate in games on the day of the ISS. They are expected to attend home games to watch but will not be dismissed early to attend an away game.

All consequences for infractions will be imposed:

- a. Immediately if the infraction occurs during a student's involvement in any extracurricular events. Extracurricular events are defined as any MSHSAA recognized activities and any school-sponsored clubs/organizations or;
- b. At the beginning of the next extracurricular event the student participates in if he/she is not currently participating in any activities. The student must complete the designated extracurricular event season in which he/she served the extracurricular suspension, or the suspension in its entirety will carry over to the next extracurricular event the student participates in.

A. Possession/use of tobacco

Student participants will not be permitted to possess or use tobacco. Therefore, the following consequences will be assessed to students who are in violation of this policy if the use or possession occurs on school property, at a school sponsored event, is reported or confirmed by a law enforcement agency, is confirmed by school personnel, or is self-reported to school personnel:

First offense: The student will be suspended from 20% of the total number of activities.

- a. MSHSAA recognized activities: 20% of the total games of the season determined by the highest level of which the student is a member.
- b. Club and organizations: 20% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Second offense: The student will be suspended from 50% of the total number of the activities.

- a. MSHSAA recognized activities: 50% of the total games of the season determined by the highest level of which the student is a member.
- b. Club and organizations: 50% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Third offense: The student will be eliminated from all MSHSAA recognized activities and clubs and organizations.

B. Possession/use/under the influence of alcoholic beverages

Possession, use, being under the influence of, or distribution of alcoholic beverages by student participants will not be permitted. Therefore, the following consequences will be assessed to students who are in violation of this policy if the use, possession, or distribution occurs on school property, at a school-sponsored event, is reported or confirmed by a law enforcement agency, is confirmed by school personnel, or is self-reported to school personnel:

First offense: The student will be suspended from 20% of the total number of activities.

- a. MSHSAA recognized activities: 20% of the total games of the season determined by the highest level of which the student is a member.
- b. Club and organizations: 20% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Second offense: The student will be suspended from 50% of the total number of the activities.

- a. MSHSAA recognized activities: 50% of the total games of the season, determined by the highest level the student is a member of.
- b. Club and organizations: 50% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.
- c. The student will be required to complete an educational alcohol/drug program that is offered outside of the school.

Third offense: The student will be eliminated from all MSHSAA recognized activities and clubs and organizations.

AUTHORITIES WILL BE NOTIFIED.

C. Possession/use/being under the influence of/distribution of unauthorized prescription drugs, controlled substances, imitation controlled substances, drug paraphernalia, or items represented to be such

Possession, use, being under the influence of, or distribution of unauthorized prescription drugs, controlled substances, imitation controlled substances, drug paraphernalia, or items represented to be such will not be permitted by student participants. Therefore, the following consequences will be assessed to students who are in violation of this policy if the use, possession, or distribution occurs on school property, at a school-sponsored event, is reported or confirmed by a law enforcement agency, is confirmed by school personnel, or is self-reported to school personnel:

First offense: The student will be suspended from 20% of the total number of activities.

- a. MSHSAA recognized activities: 20% of the total games of the season, determined by the highest level of which the student is a member.
- b. Club and organizations: 20% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Second offense: The student will be suspended from 50% of the total number of activities.

- a. MSHSAA recognized activities: 50% of the total games of the season, determined by the highest level of which the student is a member.
- b. Club and organizations: 50% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.
- c. Student will be required to attend an educational alcohol/drug program that is offered outside of the school.

Third offense: The student will be eliminated from all MSHSAA recognized activities and clubs and organizations.

AUTHORITIES WILL BE NOTIFIED

D. Stealing and other illegal behavior

Stealing from others in any form will not be tolerated. If the theft is reported or confirmed by a law enforcement agency, confirmed by school personnel, or self-reported to school personnel, or if the theft occurs on school property, at a school-sponsored event, or during non-school hours, the following consequences will be imposed:

First offense: The student will be suspended from 20% of the total number of activities.

- a. MSHSAA recognized activities: 20% of the total games of the season determined by the highest level of which the student is a member.
- b. Club and organizations: 20% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Second offense: The student will be suspended from 50% of the total number of the activities.

- a. MSHSAA recognized activities: 50% of the total games of the season determined by the highest level of which the student is a member.
- b. Club and organizations: 50% of the total number of activities, determined by a list of activities submitted by the sponsor at the beginning of the year.

Third offense: The student will be eliminated from all MSHSAA recognized activities, clubs and organizations.

AUTHORITIES WILL BE NOTIFIED.

DUE PROCESS

All students will have the opportunity to express their side of any incident in which they may be involved. If the student is dissatisfied with any decision, he/she has the right to appeal through the following channels:

- (a) Middle school principal
- (b) Athletic director
- (c) Superintendent
- (d) Board of Education

Appeals of suspensions from an activity will follow the same guidelines as outlined in the Southern Boone County R-1 Middle School Student Handbook. Any incidents which occur that are not covered by these guidelines will be reviewed on an individual basis, and decisions related to penalties will be made jointly by the school's administration, athletic director and head coach. Final decisions of all incidents will be at the discretion of the administration.

MISCONDUCT WHILE AT SCHOOL

After review by the head coach/sponsor and principal, the student and parents will be notified of the results. Penalties may range from reprimanding and placing the student on probationary status to temporary or permanent restriction from representing the school in interscholastic activities. The seriousness of the case and attitude of the student will determine the penalty. Reoccurrence will require permanent restriction to be considered. **The student will also be assessed the same consequences as outlined in the student handbook**

UNSPORTSMANLIKE CONDUCT

Any actions that would result in ejection from a contest will, in most cases cause the student to be restricted from representing the school for at least the next contest. Any student who commits such an act but is not ejected may also be subject to at least a one (1) game restriction from representing the school. Each case of this type is to be reviewed by the head coach, sponsor, athletic director and principal before a final decision is reached.

ACADEMIC DISHONESTY

~~Student participants are expected to lead by way of example. Academic dishonesty will not be tolerated. Any student athlete found to be involved in academic dishonesty will be disciplined in the following manner, after administration and coach have consulted. Final discipline will be determined by the administration.~~

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~~*First Offense:* The student will be suspended from participation for 1 game. The student will be required to attend all home practices and home events, but not dress in uniform.~~

~~*Second Offense:* The student will be suspended from participation for 3 games. The student must attend all practices and home events, but not dress in uniform.~~

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~~*Third Offense:* The student will be eliminated from all MSHSAA recognized activities and clubs and organizations.~~

DESCRIPTION OF MIDDLE SCHOOL INTERSCHOLASTIC ATHLETICS AND CO-CURRICULAR AND EXTRACURRICULAR ACTIVITIES

Softball (Girls, 7th and 8th grades)

Pre-season training begins at or around the start of the school year. Athletes are expected to attend every practice. Exceptions and illnesses are reported as described in the handbook. ~~Based on a 2001 Board of Education directive, middle school athletic cuts will not take place.~~ The coach may determine individual playing time and will decide the level at which the student athlete will participate ~~(A or B).~~

Football (Boys, 7th and 8th grades)

Pre-season training begins at or around the start of the school year. Athletes are expected to attend every practice. Exceptions and illnesses are reported as described in the handbook. ~~Based on a 2001 Board of Education directive, middle school athletic~~

~~cuts will not take place.~~ The coach may determine individual playing time and will decide the level at which the student athlete will participate ~~(A or B)~~.

Basketball (Girls, 7th and 8th grades)

Pre-season training begins in late fall, prior to the beginning of the game schedule. Team selection continues until the end of the season. Athletes are expected to be at every practice. Exceptions and illnesses are reported as described in the handbook. Each team will participate in approximately 10-11 games and tournament(s). This is a competitive sport and we encourage all students to try out. ~~Based on a 2001 Board of Education directive, middle school athletic cuts will not take place.~~ The coach may determine individual playing time and will decide the level at which the student athlete will participate ~~(A or B)~~. There will be 12 athletes permitted. ~~on the A team and 12 athletes permitted on the B team.~~ These will be determined by a 5 day try-out.

Basketball (Boys, 7th and 8th grades)

Pre-season training begins in late fall, prior to the beginning of the game schedule. Team selection continues until the end of the season. Athletes are expected to be at every practice. Exceptions and illnesses are reported as described in the handbook. Each team will participate in approximately 10-11 games and tournament(s). This is a competitive sport and we encourage all students to try out. Based on a 2001 Board of Education directive, middle school athletic cuts will not take place. The coach may determine individual playing time and will decide the level at which the student athlete will participate ~~(A or B)~~. There will be 12 athletes permitted. ~~on the A team and 12 athletes permitted on the B team.~~ These will be determined by a 5 day try-out.

Cheerleading (7th and 8th grades)

Cheerleading is a competitive sport activity open to boys and girls who will be a 7th or 8th grader during the season. They must have been promoted from the previous grade the previous year. Tryouts will be held the previous spring. Information on tryouts and qualifications will be announced through the Middle School bulletin in April/May. Interested students must sign up for an information packet. Cheerleaders are expected to attend a week-long summer cheerleading camp with the other team members, at their own expense. Cheerleaders are also expected to attend all practices, meetings, and games unless otherwise approved in advance by permission of the cheerleading sponsor and/or building administrator. There will be representatives from both 7th and 8th grade each year. The coach may determine individual playing time and decide the level at which the student athlete will participate ~~(A or B)~~. There will be a maximum of 16 cheerleaders for Middle School basketball and 20 cheerleaders for Middle School football.

Track (Girls and Boys, 7th and 8th grades)

This is the interscholastic sport in which all eligible 7th and 8th grade Middle School students may participate. All team members are expected to attend all practices and to do their best. Everyone who can run, jump, or throw is welcome. Track season begins the first week of March for sign-up and practice and concludes by mid-May. Boys and girls

frequently practice and attend meets together. Coaches of each team will select the roster of athletes who best represent our school at each meet. Criteria for selection will include the athletes' fitness, attitude, times, attendance, grades, and citizenship. All track team members might not participate in all away meets but will be expected to attend all home meets unless excused by the coach in advance.

Cross-country (Girls and Boys, 7th and 8th grades)

This is for the student who enjoys long distance runs that include hills and valleys. Practices begin before or early in the school year. Athletes may travel to away meets with the high school teams.

Quiz Bowl

Academically eligible students in grades 7-8 are welcome to join and participate in Quiz Bowl. This is an academic competition between school teams based on knowledge. In each competition, students are expected to answer questions in all subject matters. Practices begin after the Thanksgiving holiday and are held after school once or twice per week until competition begins in early January. No practices are held over any holiday break. There will be 8-12 interscholastic competitions annually, and participants are expected to attend each competition. The Quiz Bowl team coaches will select the team players that best represent the school for each meet. Criteria for this selection will be players' attitude, knowledge base, attendance, grades, and citizenship. While all Quiz Bowl players might not attend all away meets, they are expected to attend all home meets unless excused in advance by the Quiz Bowl coach.

Agricultural Science Club (6th, 7th, and 8th grades)

This club seeks members who are interested in any of the agricultural sciences.

Student Team Managers

Middle School students may serve as team managers only for Middle School interscholastic athletic teams. They may not serve as team managers for high school athletic teams and will not be dismissed to attend home or away meets with any team other than those interscholastic middle school teams they serve. All team managers must meet the same grade level, academic, and behavioral expectations and requirements as other student athletes, including having a current valid physical.

Student Council

Student Council is an organization which focuses on the support of the student body of Southern Boone County Middle School and the development of leadership skills within the membership. Members of Student Council are elected by their peers. Elections will be held in the fall of each school year. Class representatives will meet with the sponsor periodically to discuss needs and activities of the student body. The Student Council will sponsor a first-semester dance for the 7th and 8th grade students, to be supervised by the 8th grade faculty, parents, and administration. The Student Council will also sponsor a second-semester dance for 7th and 8th grade students, to be supervised by the 7th grade faculty, parents, and administration.

Band (co-curricular activity)

Eight grade band is a marching/concert and performance band. This is an exploratory class during the regular school day but also allows members to participate in after-school events such as concerts, parades, and music competitions. Members are expected to attend all special practices and events. On occasion, members of this band may be invited to participate in high school band activities, trips, and events after the band director obtains permission from the Middle School principal and parents for such participation. This invitation will be on a case-by-case basis. Participants may need to consult the band handbook.

Band (7th grade)

Seventh grade band is a concert/performance band. This is an exploratory class during the regular school day but also allows members to participate in after-school events such as concerts and music competitions. Members are expected to attend all special practices and events. Participants may need to consult the band handbook.

Band (6th grade)

The Middle School 6th grade band is a concert band open to students who are both a 6th grader and also currently enrolled in 6th grade band class.

Select Choir (6th, 7th, and 8th grades)**Drama Club**

This extracurricular club is open to all Middle School students in grades 6, 7, and 8. Attendance and participation in all play practices is expected. Extreme effort to learn lines, parts, and plays is also expected.

**Southern Boone County R-1 Activities Handbook
2011-2012 School Year
Documentation Form**

Print Student's Name: _____

This form acknowledges that I have received the Activities Handbook for Southern Boone County Middle School. I am aware it is my responsibility to make myself aware of these polices as I will be held accountable for these.

Student Signature: _____ DATE _____

Mission Statement
Excellence in Learning for All