

KEYTESVILLE R-III ATHLETIC GUIDELINES

2008-2009

Mr. Paul Vossler, Superintendent

Mrs. Rena Roth, Principal

Mr. Stephen Lightle - Athletic Director

| | |
|-----------------------|------------------------------|
| Mr. Richard Davis | - Varsity Girls' Softball |
| Mr. Stephen Lightle | - Varsity Girls' Basketball |
| Mr. Richard Davis | - Jr. High Girls' Basketball |
| Mr. Stephen Lightle | - Varsity Boys' Baseball |
| Mr. Richard Davis | - Jr. High Boys' Basketball |
| Mr. Stephen Lightle | - Varsity Boys' Basketball |
| Mrs. Suzanne Woolston | - Jr. High Cheerleaders |

- Varsity Cheerleaders
- Jr. High Girls' Track
- Jr. High Boys' Track
- Varsity Girls' Track
- Varsity Boys' Track

The following packet is provided to the athlete and his or her parents/guardians for their understanding of the rules and regulations of the Missouri State High School Activities Association and the Keytesville R-III School District for participation in athletics. It is the belief of the coaches and the administration of the Keytesville R-III School District that it is a privilege to participate in high school athletics, and that it is necessary to set certain guidelines. To ensure a better understanding between the school and parents/guardians, the following information should be read.

- PART 1:** How to Protect Your Eligibility for High School Athletics
A definition by the Missouri State High School Activities Association as to why eligibility rules are important.
- PART 2:** MSHSAA Eligibility Rules
Rules set by the state association must be followed by the school district, as the state association is the governing body for all high school activities.
- PART 3:** Keytesville R-III Training Rules Athletic Guidelines
Rules that have been set up by the coaches and administration at Keytesville R-III Public Schools.
- PART 4:** Standards of Eligibility for Athletics in the CAC Conference
- PART 5:** Cheerleading
- PART 6:** Athletic Contract

PART I

MISSOURI STATE HIGH SCHOOL ACTIVITIES ASSOCIATION HOW TO PROTECT YOUR ELIGIBILITY

Eligibility standards were not developed by chance. All of the eligibility rules of the MSHSAA have been voted on by its member schools. They have been developed gradually over a period of years by necessity to protect the welfare of youth and to ensure that school athletics provide experiences of educational value to students. Only when the primary purpose of interschool athletics is to provide such experiences, and only when they are administered in such manner that these experiences contribute to the education of youth, can they be justified as a part of the total school program.

Eligibility to participate in athletic contests between schools is a privilege, which is attained by meeting the standards cooperatively set for that purpose by vote of the schools, which are members of the Missouri State High School Activities Association (MSHSAA), of which Keytesville R-III School District is one. In addition, the school has set other standards, which must be met. Eligibility is not a right that a student has by law; precedent-setting legal cases have established the fact that only by meeting the standards contained in the rules of eligibility can one achieve the privilege of representing his/her school in athletic competition with other schools.

When the school district became a member of the Missouri State High School Activities Association, it adopted the eligibility standards of the Association as its own. However, it has a right to set any additional standards of eligibility that are considered wise. A coach can adopt any training rules that he/she deems desirable for the best interest of individual players and his/her team so long as they are not in violation of the policies of his/her local school administration and Board of Education.

The purpose of this handbook is to help you protect your eligibility by knowing the eligibility standards. Most cases of ineligibility are a result of students not knowing the rules of eligibility or disregarding these standards with the hope that no one will discover that they have been violated. The standards of the Missouri State High School Activities Association are explained in the following paragraphs so that you will understand them and by abiding by them make sure you are eligible to enjoy a privilege that is cherished by thousands of your fellow students. Only by abiding by all of these standards can a student be eligible to take part in interschool athletics along with thousands of other students in the state.

PART 2

MSHSAA ELIGIBILITY RULES

1. The student must be a creditable high school citizen. A creditable school citizen is one whose conduct in and out of school is such that will not reflect discredit upon himself/herself or his/her school.
2. In order to participate in high school athletics, the student must be enrolled in courses that offer two and one half units of credit, and the student must have earned two and one half units of credit the preceding semester in which he/she was in attendance in grades 9-12. If the student is a special education student, he/she must be enrolled in a full course at his/her level in a public school special education program, which is approved by the Missouri State Department of Education, and the student must have made standard progress for his/her level the preceding semester. Credits earned or completed after the close of the semester will not count as having been earned the preceding semester.

A junior high school student (7th and 8th grades) must be enrolled in a normal course for his/her grade and must have been promoted to a higher grade at the close of the previous year. He/She shall be ineligible when he/she has failed more than two (2) scheduled courses the preceding semester regardless of whether he/she has been promoted. This standard also applies to beginning ninth (9th) grade students.

3. The student cannot compete in any sport for more than four seasons or in any but the first eight (8) semesters that he/she is enrolled in high school including special education. The eighth (8th) semester must follow immediately the seventh (7th) semester. Any part of a game played counts as a season or semester of participation. A student granted an Early Release after his/her junior year is no longer eligible.

A junior high school student is eligible for only the first two semesters in each of the seventh (7th) and eighth (8th) grades including special education. If the student is enrolled in the seventh (7th) or eighth (8th) grade, he/she is not eligible to compete with or against students in the tenth (10th) grade or above.

4. The student must enter school within the first eleven (11) days of the semester to be eligible to play that semester.
5. The student must not accept an award for competing in any high school sport except the award given by the school. These can be in the form of letters or medals. Neither shall the student compete for or accept from any out-of-school organization, for competing in a summer sport, any award other than a letter, medal or trophy. Accepting any expenses because of the athletic event, try-out camp, or athletic training camp will make the student ineligible. However, the school may provide the expenses for attending an athletic game, if such is provided for the entire team or squad.
6. A high school student who reaches his/her 19th birthday prior to July 1 will be ineligible for further competition. To be eligible for junior high school competition against teams or individuals in each particular grade classification, the student shall not have reached the following age prior to July 1: grade seven (7) - 14; grade eight (8) - 15; grade nine (9) - 16. However, the student may participate with the next higher grade when he/she no longer meets the age standard for his/her grade.
7. Playing under an assumed or false name will make the student ineligible.
8. Five (5) days in advance of the date of each contest in which the student is to play, the principal must certify the student's name, on a standard form, to the opposing school.
9. The student is eligible to represent only the public high school in the district in which his/her parents/guardians reside, a boarding school where he/she lives in a dormitory, or a private or parochial school to which he/she commutes daily from the home of his/her parents/guardians. If the student transfers to another school, he/she is ineligible for one (1) calendar year unless there is a corresponding change of residence of his/her parents/guardians, or unless he/she meets other exceptions to this rule. Always check with the principal before transferring to determine whether it will affect eligibility.
10. A high school student will not be eligible for further competition after graduation from a four (4) year high school or after being granted an Early Release.
11. A ninth (9th) grade student who has been promoted to the senior high squad and participates in a contest in any sport in which students above the ninth (9th) grade also play will not be eligible for further competition against seventh (7th) and eighth (8th) grade students in that sport.

12. If the student competes at any time as, with, or against a junior college or senior college team, he/she is no longer eligible for high school competition.
13. After representing a school in basketball or football, an athlete cannot compete in non school competition in that sport at any time unless he/she has been officially dropped from the school squad by his/her coach for other than disciplinary reasons.

After once representing his/her school in track or wrestling, a student cannot compete in nonschool competition in that sport during the school year. He/She may compete in these sports during the summer provided he/she does not violate the award rule by competing for or accepting any type of cash or merchandise award. This would make him/her ineligible in all sports.

In all other MSHSAA recognized sports (sports in which the MSHSAA sponsors district and/or state tournaments), a student may compete in nonschool competition in these sports during the school year provided:

- a. It is not during a school sport season in which he/she is representing his/her school in the same or another sport. A sport season is defined as the period between the schools's first and last contest in that sport.
- b. No school time is missed because of nonschool competition, practice, or any travel involved.

A violation of these standards will cause the student to be ineligible to represent the school in the sport concerned for a year and for ninety (90) school days in all other sports.

14. Transferring from one school to another because of being influenced by any person to do so will make the student ineligible for one (1) full year.
15. A student shall not attend a specialized athletic camp for more than two (2) weeks in any one (1) sport. However, the student may attend a camp in any other sport for two (2) weeks each also.
16. The student will not commit an act that might be interpreted as unsportsmanlike conduct while playing or attending a high school activity.

Knowing and abiding by these standards will protect eligibility for participation in high school athletics. Each student must meet the requirements of all standards in order to be eligible. No one standard is more important than any other. Whenever the student is in doubt about matters of eligibility, he/she should always consult the school principal or the Missouri State High School Activities Association Office at P.O. Box 1328, Columbia, MO 65205-1328. Both want to help each student protect his/her eligibility and receive any benefits that school athletics may offer.

PART 3

STANDARDS OF ELIGIBILITY FOR ATHLETICS IN THE CENTRAL ACTIVITIES CONFERENCE (CAC)

CITIZENSHIP STANDARDS

Any student who represents his/her school in interscholastic activities must be a creditable citizen and judged so by the proper school authority certifying the list of students for competition. A student whose character or conduct is such as to reflect discredit upon his/her school or himself/herself is not considered a creditable citizen. His/Her conduct shall be satisfactorily in accord with the standards of good school discipline, and any student who withdraws from school because of disciplinary measures shall be ineligible for any interscholastic activity for one (1) full year from the date of withdrawal.

STANDARDS TO BE MET BY STUDENTS

As interscholastic and extra-curricular activities are voluntary programs, a student is not obligated to participate; participation is a privilege and not a right. Because of this, it is necessary for each student to meet minimum standards of eligibility in order to represent Keytesville R-III High School. The standards that are established will only be the minimum--each group or organization may establish standards that exceed these minimum standards.

ACADEMIC STANDARDS

No student will participate in any extra-curricular activity if he or she has an F unless the total grade average is a C- or better. Any student receiving two or more F's will not be allowed to participate no matter what the grade average. This suspension from activities shall last until the next grading period, at which time the grades for that period will be used to establish eligibility.

A student in grades 9-12 must be enrolled in at least three courses that meet daily and offer a total of one and one half (1 1/2) credit units, which are evaluated at the end of each grading period to ensure that the student meets the standards. For eligibility purposes a semester shall be defined as 90 school days in session, including legal holidays and teachers' meetings, beginning with the opening day of school. If a school has more than 180 days in a school year, a semester shall consist of one half (1/2) of the days the school is in session.

Absenteeism Limit - Each extra-curricular activity shall be responsible for establishing minimum standards in this area. These standards will be reported to the Principal's Office.

PART 4

KEYTESVILLE JUNIOR/SENIOR HIGH ATHLETIC GUIDELINES

The purpose of these guidelines is to help the student become familiar with the athletic program at Keytesville R-III School District. The district believes that each student who understands this philosophy and who tries to attain these objectives will understand why the school has an interscholastic athletic program and will derive much educational benefit from his/her experiences in it.

The specific objectives of the KHS program are to help a KHS student:

1. Have an understanding of why the school offers a program of interscholastic athletics.
2. Have a knowledge of the values inherent in these objectives that athletics have for the individual and for society.
3. Have a comprehension of the standards of eligibility, including the concept that to enjoy the privilege of representing the school and its student body, a student must meet the standards of eligibility.
4. Have a knowledge that the rules of the game are essential to playing the game and being intelligent fans.
5. Have the ability to think both as an individual and as a member of a group.
6. Improved skills.
7. Develop better health and physical fitness.
8. Have an appreciation of wholesome recreation and entertainment.
9. Have a desire to succeed and to excel.
10. Develop higher moral and ethical standards.
11. Develop self-discipline and emotional maturity.
12. Have an understanding of the values of conforming to rules.
13. Have respect for the rights of others and for authority.
14. Have high ideals of fairness in all human relationships.
15. Have pride in himself/herself, the school and community.

COACHING RULES

Each coach may have rules separate from those outlined in these guidelines. These rules have been reviewed and approved by the Board of Education. Each athlete is responsible for abiding by these rules.

TRAINING RULES

All rules and regulations apply to both female and male athletes. During the season of basketball, each athlete will dress appropriately the day of the game--to be determined by each coach.

Training rules are not formulated to punish any individual. Instead, they act as a guideline so that athletes may keep their bodies in good physical condition throughout the season.

ALCOHOL, DRUGS, & TOBACCO

Alcohol, drugs, and tobacco – These will not be tolerated regardless of where or when. There is absolutely no reason for a student representing the school to be involved with these. If observed by an administrator, supervising activity sponsor, or legal authority, of being in possession of or under the influence of any of the above, the following will result:

1st offense: 2 weeks suspension from games and extra conditioning;

2nd offense: suspended for the remainder of the academic school year from extra curricular activities;

3rd offense: 365-day suspension from extra curricular activities at Keytesville R-III School District. Offenses will be accumulated beginning in grade seven.

PHYSICAL EXAMINATION

Each athlete must have a physical examination form completed by a physician of osteopath or medical doctor certifying that he/she is fit for that sport. If he/she is fit for all three sports, (baseball/softball, basketball, track) then one physical examination form is all that will be necessary for the entire year. **This examination must be in the possession of the coach before the athlete is allowed to practice or play in a game.**

BUS RULES

1. Males and females will be seated separately on the bus.
2. If a student rides to the activity on the bus, he/she will ride home on the bus unless a parent/guardian personally informs a sponsor differently or personally presents the sponsor with a written note before the bus leaves school. **No** student will be allowed to ride home with another student (minor).
3. All team members and cheerleaders will ride the bus to the event unless prior approval from the administration has been obtained.
4. When the weather is inclement, participants should come a little earlier than usual to board the bus.
5. Students will park in the front parking lot and not behind the school, as the bus will be loading at the front entrance.

PARTICIPATION IN ATHLETICS AFTER ABSENCE FROM SCHOOL

A student must be in attendance for at least four class periods to participate in or attend a school activity that day. Exception to this policy will be those students that have an appointment with a doctor or dentist, a death in the family, or some other item for which the appointment cannot be scheduled at any other time. Work will not be an exception. The principal must be personally advised in advance of these appointments for tentative prior approval. A student must be in attendance for four (4) hours on Friday to participate in a Saturday activity.

A student spending any time out of class for any discipline reasons will not be allowed to participate or practice in extra-curricular activities or a game that evening. This will include in-school suspension.

INSURANCE

Each athlete must be covered for injury by health and medical insurance through an appropriate insurance agency. **An insurance release form must be signed and returned to the school before the athlete is allowed to participate in the activity.** These forms will be distributed prior to the sports season.

LETTERING REQUIREMENTS

If an athlete is permanently suspended from a squad for breaking any of the training rules, he/she will not receive his/her varsity letter in that sport. The athlete will not receive his/her letter if he/she quits the squad regardless of points or quarters earned.

If the athlete is forced to stop participation due to doctor's orders or an injury, he/she may letter if he/she has the proper quarters, innings, or points, and has successfully abided by the training rules. If a student athlete is unable to participate due to injury, lettering will be at the coach's and athletic director's discretion. He/she will also need to be in good standing with the school.

Baseball, Softball: Be a member in good standing of the team for the season

Basketball: Be a member in good standing of the team for the season

Cheerleading: Cheer for half (1/2) the varsity season.

Track: Be a member in good standing of the team for the season

An athlete receiving a letter for the first time will receive a letter "K", a gold bar, and a gold insignia of that sport. For each successive year of lettering in a sport, the student will receive a bar for each year. If the student has lettered in one (1) sport and letters for the first time in a different sport, he/she will receive a gold bar and a gold insignia for that sport.

LOCKER ROOMS

Locker rooms are provided as a place for each athlete to store his/her sports attire/equipment. Locker rooms should be kept neat and clean.

Each athlete is responsible for the security of his/her own valuables by storing them in his/her locker room locker and keeping it locked. Valuables that will not fit in a locker may be stored in the coach's office.

Each athlete should be aware that his/her behavior in the locker room is as important as his/her behavior on the court. Inappropriate language, gestures, and behavior will be dealt with according to the district's discipline policy.

GAME BEHAVIOR

The officials' judgment will be accepted by each player at all times. No profanity or unsportsmanlike conduct will be tolerated.

Each athlete is expected to represent the district in a positive and sportsman-like manner. In the sport of basketball and cheerleading/mascot technical fouls will not be tolerated. In the sports of baseball, softball, track and cheerleading/mascot, unsportsmanlike conduct (i.e.: arguing with umpires, inappropriate language, etc.) will not be tolerated. The guidelines regarding these offenses are as follows:

- 1st technical/offense = The athlete will not be allowed to dress out or participate in the next contest.
- 2nd technical/offense = The athlete will not be allowed to dress out or participate in the next 4 contests.
- 3rd technical/offense = The athlete will not be allowed to participate in the sport for the remainder of the season. The athlete will not attend practices, sit on the bench during games, or attend banquets.

CONCLUSION

The quality of the athletic program of the Keytesville Tigers can be only as good as its athletes. It takes each and every capable student to participate in the sports program to reach the top of the Central Activities Conference. This can be achieved, but each athlete must want to be a winner and be willing to work for it.

If the athlete has any problems or questions, he/she should feel free to talk to his/her coach with all conversations being kept as confidential as possible. A conversation may need to be discussed with the athletic director, principal, superintendent and/or Board of Education.

PART 5

JUNIOR HIGH AND VARSITY CHEERLEADING/MASCOT CONSTITUTION

INTRODUCTION: Being selected, as a cheerleader/mascot is a privilege and honor, which carries with it many responsibilities.

It should be understood that a cheerleader's/mascot appearance and conduct at the games will reflect on the school. Those who chose each cheerleader/mascot for the position did so because they think each person will make a favorable impression. It is each cheerleader's/mascot responsibility to live up to her/his expectations.

ARTICLE I Membership and Tryouts

- Section 1.** Tryouts for Jr. High and Varsity cheerleaders/mascot will be held each spring. Candidates will be from 6th, 7th and 8th grades for Jr. High cheerleaders and 9th, 10th and 11th grades for Varsity cheerleaders/mascot.
- Section 2.** All candidates will have a written permission slip from parents/guardians in order to tryout. These slips must be returned to the cheerleader coach in order to tryout.
- Section 3.** Cheerleaders/mascot will be expected to meet all expenses, which include: camp, shoes, tights, socks, and any shirt decoration during the cheering season.
- Section 4.** Judges and procedures for tryouts will be determined by the cheerleading coach.
- Section 5.** Each cheerleader/mascot must have a yearly physical stating she/he is physically able to participate in cheerleading activities.
- Section 6.** Cheerleaders/mascot must have basic accident insurance coverage (insurance purchased at school is acceptable).

ARTICLE II Grades

- Section 1.** No cheerleader/mascot will be allowed to participate in cheering if she/he has any F's unless the total grade average is a C- or better. A cheerleader/mascot receiving two or more F's will not be allowed to participate no matter what the grade average. This suspension from cheerleading/mascot shall last until the next grading period, at which time the grades for that period will be used to establish eligibility. Tryout eligibility will be determined by the third quarter grade.

ARTICLE III Head Cheerleader

- Section 1. Election.**
 - A. The captain shall be elected by secret ballot at the beginning of each season by the members on the squad.
 - B. If there is a tie, the coach is to break it.
- Section 2. Duties.**
 - A. To lead squad in warm-ups at practices.
 - B. To take charge of leading cheers at practices.
 - C. To start cheers at games.
 - D. To make final decisions as to what cheers are to be performed at games along with coach.
 - E. To give permission to members wishing to leave the court.
 - F. To report any conduct complaints, uncooperative cheerleaders/mascot, or problems concerning the squad to the coach.
 - G. To work closely with the advisor in planning cheerleading activities.
 - H. To act as hostess for home games in welcoming visiting cheerleaders/mascot.
 - I. To call additional practices if she/he feels they are necessary.
 - J. To make sure all rules and regulations are upheld.
- Section 3. Assistant head cheerleader.**
 - A. Shall be elected by squad.
 - B. Shall take over the job of head cheerleader in the event of her/his absence.

ARTICLE IV Guidelines, Conduct and Responsibilities

- Section 1.** Varsity cheerleaders/mascot will cheer at varsity and junior varsity basketball games, and tournaments.
- Section 2.** Cheerleaders/mascot must lead cheers at all games unless excused by the coach. (illness or emergency)

- Section 3.** Cheerleading/mascot practices must be held regularly as planned by the cheerleading coach and head cheerleader, and must be attended by the cheerleader/mascot unless excused by the cheerleading coach.
- Section 4.** If a cheerleader/mascot is to be tardy for a practice, she/he must notify the cheerleading coach or head cheerleader in person before practice.
- Section 5.** A cheerleader/mascot must be in attendance for at least four class periods to participate in or attend a school activity that day. Exception to this policy will be those cheerleaders/mascot that have an appointment with a doctor or dentist, a death in the family, or some other item for which the appointment cannot be scheduled at any other time. Work will not be an exception. The Principal must be personally advised in advance of these appointments for tentative prior approval. A student must be in attendance for four (4) hours on Friday to participate in a Saturday activity.
- Section 6.** Any cheerleader/mascot who is representing the Keytesville R-III School District in a negative manner or fails to follow the directions of the cheerleading coach may be suspended from the cheerleading squad.
- Section 7.** Each cheerleader/mascot must have a completed athletic contract, which must be signed by the cheerleader/mascot and her/his parents/guardians before she/he will be allowed to participate in any cheerleading activities.
- Section 8.** Cheerleaders/mascot must be at school and ready to cheer 20 minutes before the start of home games.
- Section 9.** Cheerleaders/mascot will ride the transportation provided for them by the Keytesville R-III Schools to the place of the extra-curricular events. Cheerleaders/mascot not riding home will have parent(s)/guardian(s) make the oral request to the Administration, plus a written note given to the sponsor of her/his responsibility. Cheerleaders/mascot must provide own transportation to home games.
- Section 10.** A cheerleader/mascot **must** cooperate with the captain, coach, game officials, and her/his fellow squad members.
- Section 11.** During a game, a cheerleader/mascot should appear peppy, well-groomed, and in command of any situation that may arise.
- Section 12.** A cheerleader/mascot may not eat, drink, or chew gum while on floor or sideline.
- Section 13.** A cheerleader/mascot shall not sit in the stands or leave her squad until the end of the game.
- Section 14.** Cheerleaders/mascot should accept the decisions of officials and discourage disagreements of fans by initiating positive chants.
- Section 15.** It will be the duty of the sponsor to check the grades of all cheerleaders and keep attendance of practices and games.

ARTICLE V. Uniforms and Appearance.

- Section 1.** Uniforms will be bought by the school and returned at end of season.
- Section 2.** Each cheerleader/mascot shall be responsible for the care of her own uniform, (pressed and clean for every event) and will replace the part or the whole uniform depending upon any damage.
- Section 3.** Uniforms will not be bought, made or remodeled in any way without the express permission of the coach.
- Section 4.** Uniforms are to worn only in conjunction with school activities.
- Section 5.** **NO** jewelry may be worn with uniform. (MSHSAA Ruling)
- Section 6.** Hair must be neat and **worn off shoulders** in a manner to insure safety while performing. Hair devices which are safe and reasonably secure may be worn. (MSHSAA Ruling)
- Section 7.** Make-up must be at a minimum, subject to approval by the coach.
- Section 8.** Only clear nail polish is to be worn while cheering.
- Section 9.** Natural smiles, pep, good grooming and posture should always be evident. Cheerleaders/mascot should be confident and in command of the situation at all times.

ARTICLE VI. Inspection.

- Section 1.** Inspection of uniform, shoes and appearance will be held before each performance. This will be done by the cheerleading coach and head cheerleader.

Classification for Inspection:

Any defect in uniform- not clean, pressed or brushed, zipper broken, buttons missing, shoes, etc. Neatness of hair, make-up, nails, and jewelry.

- Section 2.** Failure to pass inspection before each event will result in benching of that nights game.

ARTICLE VII. Suspension

- Section 1.** The cheerleading coach shall have the authority to suspend or drop permanently any participant for any of the following reasons:
 1. Improper attire.
 2. Undesirable behavior.

3. Sloppy appearance, habits.
4. Undesirable language.
5. Failure to perform duties.
6. *Failure to attend scheduled practices or events without a proper excuse approved by the cheerleading coach.
7. Unsportsmanlike behavior.
8. Uncooperative attitude.
9. Any act or deed that harms the reputation of the school.
10. Violation of the standards and regulations of the school.

*Each cheerleader/mascot is given one absence during a season, unless preapproved by sponsor after a second absence she/he may be suspended or dropped permanently.

ARTICLE VIII Demerits/Consequences

Any cheerleader/mascot is permitted no more than a total of 10 demerits per school year. Ten demerits will result in permanent dismissal from the squad. Five demerits will automatically suspend that person from three major events.

| | |
|---|---|
| 1. Excused legal absence from school | 0 |
| 2. Tardy for practice for performance | 1 |
| 3. Written excuse from practice (ill or emergency) | 0 |
| 4. Written excuse from practice | 1 |
| 5. No excuse from practice | 3 |
| 6. Oral excuse from practice | 2 |
| 7. Gum chewing | 3 |
| 8. Untidy uniform | 3 |
| 9. Colored nailpolish | 1 |
| 10. Absence from practice without notification of sponsor | 4 |
| 11. Jewelry | 2 |
| 12. Profane language | 5 |
| 13. Smoking while in or out of uniform | 5 |
| 14. Improper conduct | 2 |
| 15. Drinking in or out of uniform | 5 |

ARTICLE VIII Awards.

An award will be presented to a cheerleader/mascot in the spring upon approval of the cheerleading coach. Any cheerleader/mascot receiving a permanent benching during the school year shall not be awarded any awards.

ATHLETE'S CONTRACT

Any student who represents the Keytesville School District in interscholastic competition will be required to sign the following contract and deliver it to the Athletic Director **BEFORE** participating in any interscholastic event.

I have read and understand the Keytesville Athletic Handbook. I will abide by those guidelines established in this manual and those set down by the Missouri State High School Activities Association.

I also recognize that by violating these guidelines, I will endanger my eligibility as a representative of the Keytesville School District. It is my privilege to represent my school, and I will make my decisions accordingly.

Any student, who feels that they have been treated unfairly in regards to these guidelines, can appeal to an interscholastic eligibility committee comprised of the High School Principal, Athletic Director and a faculty member. This committee will hear the complaint and decide whether an injustice has been done. Parents of the student are welcome to sit in during the session and express their viewpoint in a professional manner. In the event that the committee's decision is not acceptable to the student or parent, they can appeal to the Superintendent and the Keytesville Board of Education, whose decision will be considered final.

Any student who (1) is arrested for, charged with, and/or issued an indictment or information regarding, (2) pleads guilty to, (3) is convicted of, (4) receives probation for, or (5) receives a suspended imposition of sentence for **any** violation or alleged violation of federal, state or local law (regardless of whether the matter is pending in a local court, the juvenile justice system or the adult justice system) shall, within twenty-four (24) hours of the action, notify the Athletic Director or Principal. Failure to provide such notification within the stated timeframe will result in the student's removal from the respective team. In addition, each student should note that by failing to provide this information, he/she is possibly jeopardizing his/her respective team's season and may cause the team to be placed on probation.

ATHLETE SIGNATURE _____ DATE _____

PARENT SIGNATURE _____ DATE _____